

# Three Thirds Process

## Looking Back [ $\frac{1}{3}$ of your time]

### CARE

What is one thing you are thankful for and one thing that is stressing you out? Pray for one another.

### WORSHIP

Choose a Psalm to pray through or play a song(s) on a phone.

### ACCOUNTABILITY

How did you do this week with your “I will” statement? Who did you share with? Did we meet any needs in our community?

### VISION CASTING

Read: Matthew 28:18-20 or share vision for mission.

## Looking Up [ $\frac{1}{3}$ of your time]

**PASSAGE** (Discovery Bible Study) - Read the first scripture passage out loud 2-3 times.

### RETELL

Retell the passage using your own words as if you were having a cup of coffee with a friend. (Not what you think it means but simply retell it.)

### QUESTIONS

- Did anything capture your attention in the passage?
- What does the passage tell us about God? About people/humanity?
- Is there an example to follow or avoid or a command to obey in this story?
- What are some ways that can apply this passage to our lives? Come up with a “I Will” statement that fits with something you discovered together in the scripture passage. (*This week I will . . . .*)  
(Write these down or text one another)

## Looking Forward [ $\frac{1}{3}$ of your time]

### TRAINING AND PRACTICE

### SHARE

Who can you share the hope of Jesus with this week? Write down names and pray.

### BLESSING THE COMMUNITY

Is there anyone we know who has a need and can we as a group do something about it? Who can we bless?