

# Activity: Handy Guide to Prayer MAWL

**Purpose:** This activity will teach handy guide to prayer and demonstrate the power of MAWL training principles as well as the power of generational growth.

**Time:** Depending on the size of the group, up to 30 minutes.

## Supplies:

- Your hand
- Bible
- [https://youtu.be/2hhZ1xh\\_4SY](https://youtu.be/2hhZ1xh_4SY)

Plan to do this activity before the Gospel Conversation training begins as the group moves into a break. One facilitator will choose a person to train from the group. Pull them aside to do the training.

Facilitator will model the handy guide to prayer. They will assist the participant as they teach it back to them. The facilitator will then help them choose a person to train and the facilitator will watch them train that person. If that goes well, they will be launched to continue choosing

others and training and launching. Facilitator will then choose another person to train. When everyone has been trained, the facilitator will gather the group together and map out the generational growth of the activity and explain the power of the MAWL training principle.

### **Facilitator Script:**

I want to teach you a simple tool to help you know how to pray. It is called the handy guide to prayer. It comes from the teaching of Jesus. You can use this to teach others about prayer too.

Let's look at what Jesus taught by reading Luke 11:1-4.

*[Read Luke 11:1-4 and as you read put up your fingers one at a time for each of his five points of prayer, starting with your thumb]*

*[As you go through this, have them raise their fingers with you]*

The first thing Jesus teaches us to pray is “hallowed by your name.” That’s like giving God praise and one of the ways that we give praise is by giving a thumbs up. So we give a thumbs up to remember that we can praise God. [give an example or two]

The second thing Jesus teaches us to pray is “your kingdom come”. It’s like praying your ways, not my ways. So we can extend our index finger to point to remind us that we can pray for God’s will for our life. [give an example or two].

The third thing Jesus teaches us to pray is “give us this day our daily bread”. So we can extend our middle finger along with the others. We have three fingers which remind us of a three letter word - ASK. Jesus is telling us that we can ask God for the things we need. [give an example or two]

The fourth thing Jesus teaches us to pray is “forgive us our sins”. We can extend a fourth finger to remind us that we can pray for FORgiveness. [give an example or two]

And finally, Jesus teaches us to pray “lead us not into temptation”. We extend all five fingers and it reminds us that we can ask Jesus to STOP the temptation and protect us. [give an example or two].

And so to review, when we pray we can praise God [give a thumbs up], we can ask for God’s will to be done in our lives [extend your index finger pointing away from you], we can ASK for the things we need in our lives [extend our middle finger so we have three fingers up], we can pray for forgiveness [extend ring finger so we have four fingers up] and we can pray for God to stop temptation [extend your pinky finger and extend your hand out in front of you in a “stop” motion].

This is the handy guide to prayer. Do you have it?

Okay. The best way to really learn something is to teach others. So can you teach me the handy guide to prayer just like I taught you?

[Have them teach you the handy guide to prayer starting with reading Luke 11:1-4. When they have done that and are able to teach it pretty well, explain that you'd like them to choose another person in the room to teach. Tell them that you will go with them to watch and assist if needed. Go with them and observe them teach someone else. Assist when necessary. Make sure they have their partner teach it back to them. Then send them off to find someone else with the first person assisting the second. Then go find another person to train]

Continue this process until everyone in the room has been trained.

## **DEBRIEF**

When everyone is trained, bring the group back together and on a whiteboard, map out the progression of everyone in the room who was taught the handy guide to prayer.

When that is done, write MAWL on the board [or a large sticky note page] like this:

**M**  
**A**  
**W**  
**L**

Then fill in the words:

**M** awl  
**A** ssist  
**W** atch  
**L** aunch

**Explain what MAWLing does for discipleship.**

1. Turns everyone into a teacher/trainer.
2. This helps everyone take ownership.
3. This helps everyone learn deeply (we learn more when we teach others and even more when we teach multiple times)
4. MAWLing provides a lot more practice.
5. The empowered masses will always outperform the professionalism of a few.
6. Is about multiplication (exponential growth), not addition.