

# Follow Jesus

Jesus said, “If you hold to my teaching, you are really my disciples.” – John 8:31.

A Christian disciple follows Jesus, becoming more and more like Him through a life of faith and obedience.  
Grow as a **disciple who makes other disciples** to make Jesus known everywhere.

**These eight lessons will teach you how to follow Jesus and you will use them to train others as well.**

## Lesson 1

Make Disciples | 2 Corinthians 5:17-21; Acts 1:8  
Train 411

## Lesson 2

Baptism | Acts 8:26-40; Matthew 28:19  
Practice Baptism

## Lesson 3

Prayer | Luke 11:1-13; Ephesians 6:18  
Train Handy Guide to Prayer

## Lesson 4

Communion | 1 Corinthians 11:23-34; Acts 2:42-47  
Take Communion Together

## Lesson 5

Love God and Neighbor | Luke 10:25-37; 1 John 3:16-18  
Commit to Give: Time, Talents, Treasure

## Lesson 6

Perseverance | Acts 5:12-42; 1 Peter 4:12-16  
Practice Standing Up for Faith

## Lesson 7

Be One | Acts 2:36-47; John 17:20-21  
Train Church Circle

## Lesson 8

Abide in Christ | John 15:1-27; 2 Timothy 3:16-17

## **Looking Back** [ $\frac{1}{3}$ of your time]

### **CARE**

What is one thing you are thankful for and one thing that is stressing you out? Pray for one another.

### **WORSHIP**

Chose a Psalm to pray through or play a song on an iPod.

### **ACCOUNTABILITY** (Don't skip this)

How did you do this week with your "I will" statement? Who did you share with? Did we meet any needs in our community?

### **Vision Casting** (Don't skip this)

Read Matthew 28:18-20

Share a story of something God did in or through you this week.

## **Looking Up** [ $\frac{1}{3}$ of your time]

### **PASSAGE** (Discovery Bible Study)

Read the first scripture passage out loud 2-3 times.

### **RETELL**

Retell the passage using your own words as if you were having a cup of coffee with a friend. (Not what you think it means but simply retell it.)

### **QUESTIONS**

- Did anything capture your attention in the passage?
- What does the passage tell us about God? About people/humanity?
- Is there an example to follow or avoid or a command to obey in this story?
- What are some ways that can apply this passage to our lives? Come up with a "I Will" statement that fits with something you discovered together in the scripture passage. (This week I will . . . .)
  
- Read the second passage and discuss how it fits in with the first passage.

## **Looking Forward** [ $\frac{1}{3}$ of your time]

### **TRAINING AND PRACTICE** (Don't skip this)

### **SHARE** (Don't skip this)

Who can you share the hope of Jesus with this week? Write down names and pray.

### **BLESSING THE COMMUNITY**

Is there anyone we know who has a need and can we as a group do something about it? Who can we bless?